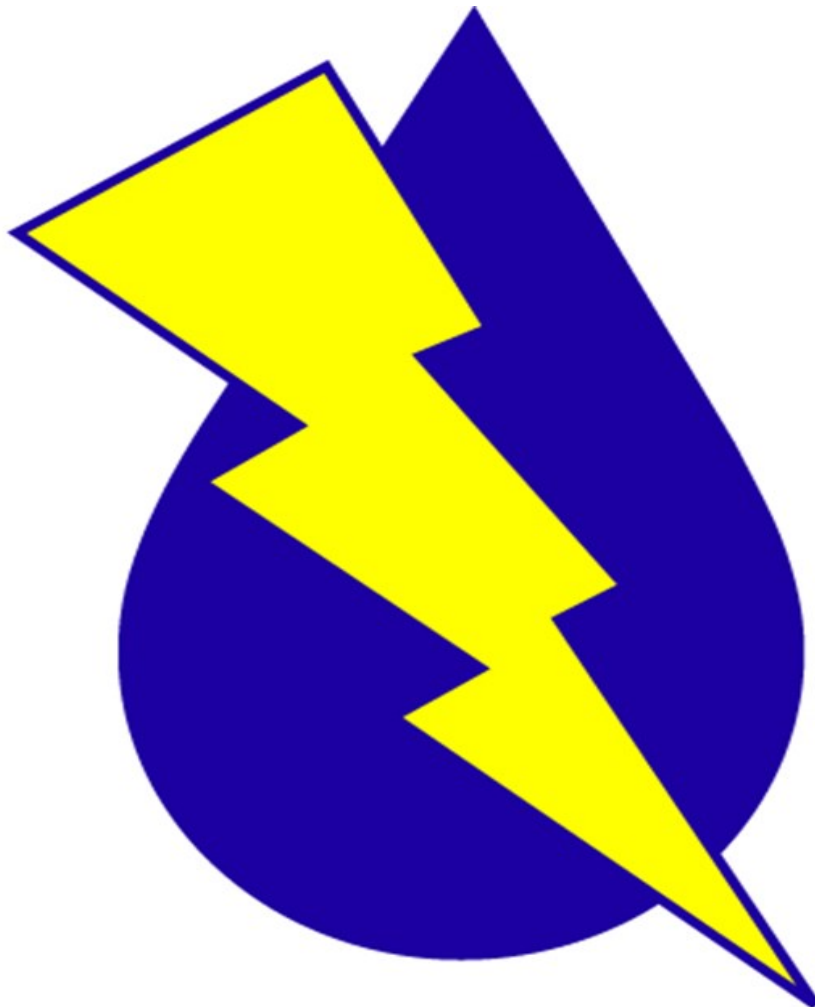


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CDN. POWER PAC  
**COVID-19**  
**Site Prevention Plan**  
**1.0**



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## PURPOSE

The health and safety of ALL workers with CDN Power Pac (CPP) is a top priority, it is with that understanding that CPP Health & Safety has compiled a COVID-19 Site Prevention Plan to reduce the risk of contracting or spreading the COVID-19 (a.k.a. Corona) Virus.

It is crucial the CPP COVID-19 Site Prevention Plan has active participation from all CPP workers as due to the fact that it is an ongoing process and information on the virus and prevention updates on a daily basis. If any worker has suggestions or ideas on making work tasks safer they are encourage to report them to their supervisor immediately, or contact CPP H&S.

Prevention procedures are based on the following;

- **Health Monitoring** - Ensuring you are fit for duty and DO NOT have any cold/flu symptoms.
- **Social Distancing** - Maintaining a distance of 2M (6.5 ft) from others.
- **Repetitive Hygiene** - Always washing hands with soapy water or disinfecting with hand sanitizer and not touching your face.
- **Task Awareness** - Adjusting specific site tasks to mitigate the possibility of transmission of COVID-19 .

## SELF AWARENESS AND ASSESSMENT

Any CPP employees that are experiencing cold/flu symptoms such as fever, coughing or congestion are **NOT TO COME** to work, whether that be jobsite or office. Employees are to contact their supervisor or management and let them know that they are experiencing these symptoms and will not be coming in.

The infected employee will stay quarantined at home for 10 days and will contact AHS 811 Health link for further advice. If the employee is experiencing respiratory distress requiring emergency care they should report to the hospital or call 911.

If a CPP employee has been out of the country in the last 14 days or been exposed to another individual who has recently tested positive for COVID-19 they cannot come to work and **MUST** quarantine themselves for 14 days and contact AHS 811 Health link and follow health authority recommendations.

The response to COVID-19 virus continues to change on a regular basis. All CPP personnel are required to meet current requirements and be adaptable to new initiatives when required.

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## SOCIAL / PHYSICAL DISTANCING

Social / Physical Distancing is a method used to help prevent the spread of the COVID-19 virus by limiting close contact with other people. AHS recommends keeping a distance of **2 Meters** or **6 feet** from each other.

All CPP employees shall observe social / physical distancing. Social / Physical Distancing measures include;

- Limiting groups of workers that need to congregate for orientations, lunch and meeting rooms, material sea cans, smoking areas etc.
- Preventing workers from gathering at site/office entrance ways, stair wells, scaffolding, washroom facilities etc.
- Restricting access to specified work areas like office trailers, site office areas, first aid rooms etc.
- Controlling high traffic areas to mitigate workers from encroaching on social/physical distancing parameters such as main walkways, stairwells, in and out gates etc.
- Journeypersons working with Apprentices in teams must know each others health status well enough to be sure of the proximity risk of working together.
- If working with other trades and social distancing cannot be managed because of specific tasks, workers **MUST** converse with site safety on the project to ensure work can proceed safely. Repeat work crews will have a lower risk than newly assembled crews.

CPP Site supervision and management shall ensure;

- Self Distancing procedures are effectively communicated to ALL CPP workers and are being reinforced.
- Regular site inspections of CPP workers are being conducted to verify that workers are practicing social/physical distancing, to the best of their ability.
- Site and office management has been notified of any concerns they have noticed with social / physical distancing practices or work procedures.
- Informational signage, on the importance of social / physical distancing is installed at all locations on the site where workers may congregate.

## REPETITIVE HYGIENE

### HAND WASHING AND HAND SANITIZATION.

Hand washing minimizes the risk of infection. Proper hand washing helps prevent the transfer of viral bacteria from the hands to other parts of the body - particularly the eyes, nose and mouth, which are more susceptible for the virus to enter the body. Hands that are visibly soiled or dirty **MUST** be washed with warm soapy water for 20 seconds because just hand sanitizer alone is less effective.

Even if workers are wearing gloves hands should still be washed regularly with soap and water for added precautions when the gloves are removed.

CPP employees are required to wash and /or sanitize their hands;

- At the start of their shift and before they start their tasks.
- Before eating, drinking or smoking/vaping.
- After using toilet facilities.
- After handling any tools or materials that may be contaminated.
- At the end of the shift before they leave work.

Most sites have provided hand washing facilities and/or hand sanitization stations to meet the needs of the amount of workers on site. 550ml of hand sanitizer bottles can be obtained from CPP's office as well as disinfecting wipes and spray. All inquiries should be directed to Jeff Panchuk with CPP Health & Safety or Connie Truong with CPP Administration. Please note, in the event that there is a high demand for sanitizing products , site supervisors shall only ask for what is required for their crew size.

Five steps to wash your hands the correct way;

1. *Wet your hands with clean, running water , turn off the tap and apply soap.*
2. *Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers and under your nails.*
3. *Scrub your hands for at least 20 seconds. For approx. time hum " Happy Birthday" song twice.*
4. *Rinse your hands well under clean, running water.*
5. *Dry your hands with a clean personal use towel, paper towel or air dry*

For using hand sanitizer follow Step 2 until sanitizer is absorbed.

## **COUGH / SNEEZE ETIQUETTE.**

Workers showing signs of cold/flu symptoms **MUST** stay home, however if site conditions, allergies or another situation not cold or flu based cause a coughing and/or sneezing episode, CPP workers are expected to follow cough/sneeze etiquette. Cough/sneeze etiquette is a combination of measures that minimizes the transmission of diseases via droplet or airborne routes.

Cough / Sneeze Etiquette includes the following;

- Cover your mouth and nose with a tissue or in the inside crook of your elbow when coughing or sneezing.
- If tissues are used to contain secretions, dispose of them promptly in a waste container.
- Turn your head away from others when coughing or sneezing.
- Wash and/or sanitize hands immediately after coughing or sneezing.

## **EQUIPMENT AND TOOLS.**

Whenever possible, CPP workers are to use their own tools. Any tools that are shared **MUST** be sanitized between use and sanitized before they are returned to their job box, trailer, toolbox etc.

Common items that CANNOT be shared are cell phones, hand held radios, or other communication devices and PPE items such as dust masks, gloves, hearing protection, eyewear, hard hats and footwear.

Mobile equipment such as forklifts and Aerial Work Platforms (AWP) should have their controls wiped down and sanitized after use. Hand sanitizer must be readily available when operating any equipment.

CPP vehicles should have one 550ml Hand Sanitizer in them at all times. Steering wheel, dash controls and counsel controls shall be wiped down and sanitized after use

## **SITE SANITATION MEASURES.**

CPP site supervisors are to ensure routine daily cleaning of the jobsite trailer, lunchroom, break and laydown areas is being conducted. Surfaces can be cleaned using regular household cleaning sprays or wipes. Hand sanitizer or hand washing facilities must be available in all lunchroom and/or break areas. Workers should have designated spots in lunch and break areas where they can sit to prevent cross contamination and practice effective social / physical distancing.

All PPE is to remain with the worker such as gloves, hearing protection hard hats etc. and is NOT allowed to be stored on any eating surface.

Commonly touched items like door handles, chairs, tables, handrails etc. must be disinfected regularly. Do not share keyboards, mouse, pens, clipboards or documentation materials.

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## TASK AND SITE AWARENESS

### HAZARD ASSESSMENT.

Field Level Hazard Assessments (FLHA's) shall be completed by individual workers and must be kept on that person for the duration of their shift. CPP supervision are to take pictures of their worker's FLHA and submit to required person on site via text message or email, or other no contact means that may be stated by the general contractor.

Job Hazard Analysis (JHA's) shall still be completed for the jobsite and must include all COVID-19 controls, either in the JHA themselves or attached as a separate JHA. Site JHA's shall be reviewed in a formal toolbox meeting at least once a week.

### TOOLBOX MEETINGS.

CPP toolbox meetings should be held outside , whenever possible. If toolbox meetings are held inside, they must be limited to the number of workers that can maintain appropriate social / physical distancing in the meeting location. If CPP work crews contain a high number of workers, then multiple toolbox meetings may be required to ensure social / physical distancing measures are met.

No signatures or transfer of documents is allowed during toolbox meetings. CPP site supervision is to take attendance and sign the attendance sheet on the worker's behalf.

### SITE ACCESS.

Every CPP worker who accesses the site shall sign in and out via text message or other designated means to CPP site supervision. CPP supervision may be required to provide a complete head count to the project site supervisor or management prior to starting their crews activities for the day.

CPP supervision may also be required to inform project supervision if any CPP worker leaves site throughout the course of the day, including the reason for the worker's departure. This however DOES NOT include lunch or break times as due to the worker is expected to come back to site.

All workers must complete the *COVID-19 screening form prior to accessing the site*. This form may be CPP's copy on the following page or a derivative of AHS's COVID-19 form.

All CPP orientations can be conducted on site by site supervision provided social / physical distancing procedures are in place, or can be done via email. **NO CPP ORIENTATIONS** will be done at the office during this time.

Site orientations will be conducted as per the prime contractor's policy and adhering to all social / physical distancing measures.

### COVID-19 HEALTH CHECK QUESTIONNAIRE

The following questions are designed to ensure CPP Site Supervision are able to make informed and collaborative decisions that maintain the highest possible level of health and wellbeing on CPP projects. ALL CPP workers must complete this form prior to site access.

<b>Name:</b>	<b>Project Site:</b>
<b>Date:</b>	<b>Contact #:</b>

Please complete the following questions honestly and accurately by checking YES or NO.

QUESTIONS	YES	NO
1. Have you traveled outside of Canada on or after March 12, 2020 or been in close contact with someone who has?		
2. Have you traveled to Italy, Iran, China in February / March 2020 or been in close contact with someone who has?		
3. Are you experiencing any signs or symptoms of COVID-19 (i.e. shortness of breath, cough, sore throat, or fever) ?		
4. Have you been in contact with a person showing the symptoms of COVID-19 within the past 14 days?		
5. Have you been in contact with a person who has tested positive for COVID-19 within the past 14 days?		

If you answer “YES” to any of the questions above, you may be asked to leave the worksite or office and contact CPP Health and Safety on the next steps.

CPP will advise you on what must happen next and may include a request for medical lay-off to self-isolate and take the online COVID-19 self assessment tool for further direction.

CPP workers who are determined not to present a risk of COVID-19 transmission to others on site or in the office will be allowed to return to work as per the relevant policy.

*Workers who refuse to complete this Health Check Questionnaire will be denied access to site and may compromise employment with CPP.*

***I hereby acknowledge the above information to be true.***

***CPP Worker Signature.***



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## PERSONAL PROTECTIVE EQUIPMENT (PPE).

All CPP workers are still required to wear their mandatory PPE as per site regulations.

Wearing gloves, besides being a safety requirement, reduces the likelihood of workers touching their face reducing the potential of transmission from contaminated surfaces. If reasonable, workers should try and rotate the use of their gloves and launder used pairs to reduce the potential of becoming a source of transmission.

Shared PPE such as face shields, fall protection equipment, respiratory equipment shall be avoided whenever possible. Any shared PPE must be sanitized before and after each use. All other PPE shall be sanitized between use as well. In the event that ANY required PPE is unavailable to obtain, the task that requires the PPE must be;

- Re-designed safely to allow for the limited PPE use or;
- Completed at another time that the PPE is available or;
- Consulted with onsite Health & Safety to come to a consensus that the task can be performed with modified PPE usage and still done safely.

If at any time a worker feels that their task is hazardous to their health and safety they have the right to refuse the work. Please reference OH&S Right to Refuse Unsafe Work at;  
<https://www.alberta.ca/occupational-health-safety.aspx>

## SUSPECTED SICKNESS ON SITE.

If a CPP worker becomes sick during their shift they must notify their site supervisor immediately and follow these steps;

*“Sick” means coughing, sneezing, congestion more than explainable from dust or environmental allergies.*

- CPP supervision will notify the prime contractor that a worker has become sick on site.
- CPP supervision will confirm all areas and other workers the sick worker was in contact with on site.
- The sick worker is to be sent home and is required to call AHS 811 Health link or take the online self assessment.
- CPP supervision shall be in contact with the sick worker and will notify the prime contractor on the assessment of the worker.
- If the sick worker can work from home than it is encouraged that they do, if the worker cannot work from home effectively than they will be issued a medical lay-off so they may recover
- Any CPP worker that goes home sick or is sent home because of sickness **MUST** follow current AHS guidelines in respect of screening, testing or self-isolation.

**LEGALITIES.**

As of March 25 , 2020 Albertans are legally required under public health order to self-isolate for;

- 14 days if they recently returned from international travel or have been in close contact with someone who has tested positive with COVID-19.
- 10 days if they have a COVID-19 symptom (cough, fever, shortness of breath, runny nose, or sore throat) that is not related to a pre-existing illness or health condition.

Contractors and workers who do not comply with the following procedures will have a documented immediate removal from site and could face possible fines and penalties ;

- Deliberately breaking the social / physical distance of 2 meters with no practical reason other than undo care,
- Deliberately choosing to not adhere to the procedures set in place by the CPP COVID-19 Site Prevention Plan,
- Coming to the work site or office with any of the COVID-19 symptoms (cough, fever, runny nose, sore throat), or
- Coming to the work site or office knowingly being exposed to a case of COVID-19

***All CPP Workers are expected to report if any known exposures have taken place or if any workers on site or at the office have shown symptoms. As well as any breach of the CPP COVID-19 Site Prevention Plan.***